



What over-the-counter products can I buy?

There is a wide variety of approved products that you can buy. Below is a handy list of the types of items you can buy with your benefit.

Approved Categories Include:

- Acne and blemish treatment
- Alcohol and peroxide
- Allergy and sinus relief
- Anti-diarrheal
- Anti-itch and cortizone creams
- Antibiotics and antiseptics
- Antifungals
- Bandages and gauze
- Bath safety
- Blood pressure monitors
- Braces and supports
- Burn relief
- Cold, cough, flu
- Compression
- Contact lens care
- Corn, callous, bunion
- Denture care
- Dry eye care
- Ear care
- Essential fatty acids (fish oil, etc.)
- Eye antihistamines
- Feminine antifungals
- Fiber
- First aid kits
- Floss
- Gas relief
- Hand sanitizers
- Heartburn relief
- Heating pads
- Hemorrhoid care
- Hot and cold packs
- Incontinence products
- Joint health
- Medicated lip care
- Melatonin
- Menstrual relief
- Minerals and supplements
- Motion sickness and nausea relief
- Multivitamins
- Nasal strips
- Pain relievers
- Patches
- Pill organizers
- Sinus nasal sprays
- Skin protectants
- Smoking cessation
- Sore throat
- Sun care
- Tapes and wraps
- Therapeutic lotion
- Thermometers
- Toothbrushes
- Toothpaste
- Wart removers

For all OTC programs, alternative medicines, cosmetic items, dietary supplements, hair products, or teeth whitening products are not approved.

